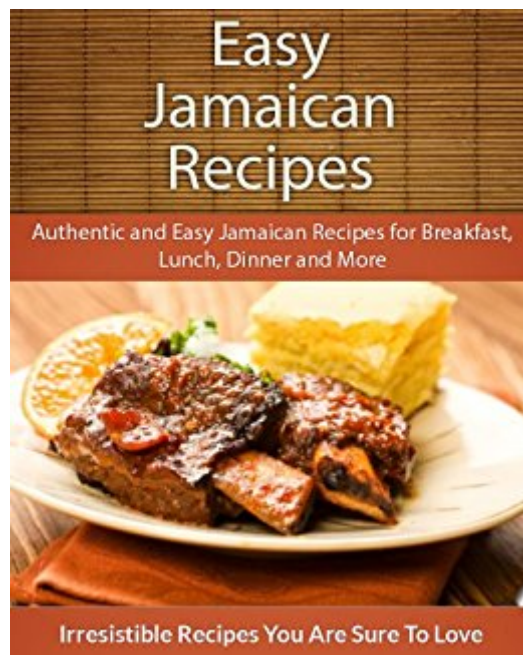


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# Easy Jamaican Recipes: Authentic And Easy Jamaican Recipes For Breakfast, Lunch, Dinner And More (The Easy Recipe)



## Synopsis

Jamaica, one of the lush, tropical islands of the Caribbean, has a very rich cultural history. Known for its lively and upbeat reggae music, Rastafarian culture, and diverse population, Jamaica truly is a melting pot of many diverse people. Jamaican cuisine is so diverse because the history of this small nation is so dynamic. Changing hands often and being a place for immigrants has created this unique mix of cultures. A true fusion of indigenous ingredients and traditions plus outside influences from the Spanish, English, African, East Indian, Portuguese, Dutch, French, and Chinese make Jamaican cuisine lively, exciting, and bold. Exploring the culture of this spirited Caribbean island through its food is one of the best ways to truly understand the diversity and magic that happens in this tropical land. In This Book You'll Find-Ackee and Saltfish-Coconut Vegetable Soup-Dark Chocolate Mayonnaise Cake-Ginger Jerk Pork Tenderloin-Jamaican Rum Punch-Shrimp Nachos-And Much, Much More |

## Book Information

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## Customer Reviews

I love jerk chicken and beef and this book has some really good recipes in it that I can't wait to try. I am always willing to try anything new and different and I hope you will enjoy as much as I do. Thank you

I am a person who like the different style breakfast, maybe is the same but with some changes you can do a better view and flavor for your guess and one of this I found in that book. easy and the ingredients no difficult to found.

Who doesn't love Jamaican food, I was in Jamaica some years ago and I was dying to find their recipes. I'm glad I found this book and I decided to give it a try! I would highly recommend this book to anyone looking for Jamaican recipes.

Lots of good recipes to try, and I did try the Chocolate cake but the recipe did not tell me what type of cake pan to use. I had to guess, but it turned out ok.

I just love these recipes. I love Jamaican cooking looking forward to trying all of the recipes Thank you for putting the recipes together

I recommend this to others like myself who have limited time to cook. Just easy and really flavorful. Great book.

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